



**SIN**

or

**D**  **NUT**

**SIN**



# INSTRUCTIONS:

- Print and cut out the statements on the Sin or No Sin pages and place each strip in a jar or bowl.
- Place one chocolate donut and one powdered sugar donut in a plastic baggie for each person.
- Take turns picking a statement from the jar.
- If it's a sin, give your bag a good shake.
- If it's not a sin, go to the next person.
- After every strip is read, examine the condition of your donuts. The brown donut is now covered in white powdered sugar.
- The object of the game is to illustrate how these actions and bad influences can stick to us and cover us in sin.



# SIN OR NO SIN

<b>I heard something about someone and told everybody</b>	<b>I helped clean up the house</b>
<b>I stayed up too late and didn't do my homework</b>	<b>I bought a present for my mom or dad</b>
<b>I didn't go to church so I could hang out with my friends</b>	<b>I took the dog for a walk</b>
<b>I made fun of someone</b>	<b>I helped make dinner</b>
<b>I looked at someone else's paper for the answers to a test</b>	<b>I lent money to a friend</b>
<b>I hit my sibling when I got mad</b>	<b>I played with my little brother or sister</b>
<b>I threw a tantrum when I didn't get my way</b>	<b>I let someone go ahead of me in line</b>
<b>I cheated at a game</b>	<b>I shared my lunch with someone who didn't have one</b>
<b>I lied to get my way</b>	<b>I let my friend pick what game we would play</b>
<b>I laughed at someone with a disability</b>	<b>I helped someone who got hurt</b>

# SIN OR NO SIN

<b>I broke a window playing ball and lied about it</b>	<b>I volunteered at school to be a tutor</b>
<b>I talked back to my parents after a disagreement</b>	<b>I carried the groceries in the house for my mom</b>
<b>I got jealous of my friend when they got a new toy</b>	<b>I donated toys to a shelter</b>
<b>I ate all the cookies and didn't leave any for others</b>	<b>I said a prayer for a relative who was sick</b>
<b>I picked on a kid that was smaller than me</b>	<b>I cleaned up my room without being asked</b>
<b>I didn't do my chores so I could go outside and play</b>	<b>I welcomed a new kid so they wouldn't feel left out</b>
<b>I took some money from my dad's wallet</b>	<b>I volunteered at a fundraiser</b>
<b>I talked back to my teacher</b>	<b>I wrote a thank you note to someone who gave me money</b>
<b>I said a curse word when I got mad</b>	<b>I helped the teacher clean up the classroom</b>
<b>I took a candy bar from the store and didn't pay for it</b>	<b>I picked flowers for my grandma</b>